



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Löppen, Reinhard

Club: SV Emsetal

Number: 293

Course: 13.00 km

Mittelstrecke

Category:

Männer M50

Total time: 55:41

Speed: 14.01 km/h

Running performance: 4:17 min/km

Rank in course/Total: 8 (of 112)

Rank in course/Men: 8 (of 86)

Best time in course: 49:36

Rank in category: 1(of 11)

Best time in the category: 55:41