



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Reinz, Michael

Club: SV Normania Treffurt

Number: 220

Course: 13.00 km

Mittelstrecke

Category:

Männer M40

Total time: 56:04

Speed: 13.91 km/h

Running performance: 4:19 min/km

Rank in course/Total: 9 (of 112)

Rank in course/Men: 9 (of 86)

Best time in course: 49:36

Rank in category: 3(of 19)

Best time in the category: 52:11