



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Böttger, Frank

Club: SV Mihla

Number: 295

Course: 13.00 km

Mittelstrecke

Category:

Männer M50

Total time: 57:11

Speed: 13.64 km/h

Running performance: 4:24 min/km

Rank in course/Total: 10 (of 112)

Rank in course/Men: 10 (of 86)

Best time in course: 49:36

Rank in category: 2(of 11)

Best time in the category: 55:41