



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Schönknecht, Mario

Club: ZSG Waltershausen

Number: 219

Course: 13.00 km

Mittelstrecke

Category:

Männer M40

Total time: 57:23

Speed: 13.59 km/h

Running performance: 4:25 min/km

Rank in course/Total: 12 (of 112)

Rank in course/Men: 11 (of 86)

Best time in course: 49:36

Rank in category: 4(of 19)

Best time in the category: 52:11