



## 16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

### Detailed evaluation

#### Bomberg, Dirk

Club: SC Impuls Erfurt

Number: 203

Course: 13.00 km

Mittelstrecke

Category:

Männer M50

Total time: 57:53

Speed: 13.48 km/h

Running performance: 4:27 min/km

Rank in course/Total: 14 (of 112)

Rank in course/Men: 13 (of 86)

Best time in course: 49:36

Rank in category: 3(of 11)

Best time in the category: 55:41