



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Noll, Jonas

Club: SV Normania Treffurt

Number: 283

Course: 13.00 km

Mittelstrecke

Category:

Männer M40

Total time: 58:20

Speed: 13.37 km/h

Running performance: 4:29 min/km

Rank in course/Total: 15 (of 112)

Rank in course/Men: 14 (of 86)

Best time in course: 49:36

Rank in category: 6(of 19)

Best time in the category: 52:11