



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Neidhardt, Nadine

Club: Rennsteiglaufverein/LG Süd

Number: 140

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W35

Total time: 1:00:08

Speed: 9.98 km/h

Running performance: 5:44 min/km

Rank in course/Total: 89 (of 120)

Rank in course/Women: 12 (of 25)

Best time in course: 46:31

Rank in category: 1(of 1)

Best time in the category: 1:00:08