



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Reiche, Cassandra

Club: LSV Lok Arnstadt

Number: 101

Course: 10.50 km

10,5 km-Lauf

Category:

weibliche Jugend B

Total time: 1:02:44

Speed: 9.56 km/h

Running performance: 5:58 min/km

Rank in course/Total: 95 (of 120)

Rank in course/Women: 13 (of 25)

Best time in course: 46:31

Rank in category: 1(of 2)

Best time in the category: 1:02:44