



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Thiele, Nina

Club: LSV Ilmenau

Number: 106

Course: 10.50 km

10,5 km-Lauf

Category:

weibliche Jugend B

Total time: 1:04:35

Speed: 9.29 km/h

Running performance: 6:09 min/km

Rank in course/Total: 99 (of 120)

Rank in course/Women: 14 (of 25)

Best time in course: 46:31

Rank in category: 2(of 2)

Best time in the category: 1:02:44