



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Winkler, Elke

Club: Nofretete e.V.

Number: 187

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W50

Total time: 1:04:37

Speed: 9.29 km/h

Running performance: 6:09 min/km

Rank in course/Total: 100 (of 120)

Rank in course/Women: 15 (of 25)

Best time in course: 46:31

Rank in category: 2(of 4)

Best time in the category: 52:46