



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Pfeuffer, Bodo

Club: WSV Ilmenau

Number: 155

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M70

Total time: 1:07:32

Speed: 8.88 km/h

Running performance: 6:26 min/km

Rank in course/Total: 107 (of 120)

Rank in course/Men: 88 (of 95)

Best time in course: 36:36

Rank in category: 6(of 6)

Best time in the category: 58:55