



5. Lauf: "Rund um die Sportlerklause"

Frauenwald / 14.08.2010

Detailed evaluation

Augsburg, Margit

Club: Bad beerka

Number: 197

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W50

Total time: 1:07:45

Speed: 8.86 km/h

Running performance: 6:27 min/km

Rank in course/Total: 108 (of 120)

Rank in course/Women: 20 (of 25)

Best time in course: 46:31

Rank in category: 3(of 4)

Best time in the category: 52:46