



## 5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

### Detailed evaluation

**Pfeuffer, Erika**

Club: WSV Ilmenau

Number: 153

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W65

Total time: 1:09:29

Speed: 8.64 km/h

Running performance: 6:37 min/km

Rank in course/Total: 112 (of 120)

Rank in course/Women: 23 (of 25)

Best time in course: 46:31

Rank in category: 1(of 1)

Best time in the category: 1:09:29