



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Schlegel, Elisabeth

Club: LSV Lok Arnstadt

Number: 163

Course: 10.50 km

10,5 km-Lauf

Category:

weibliche Jugend A

Total time: 1:10:43

Speed: 8.48 km/h

Running performance: 6:44 min/km

Rank in course/Total: 114 (of 120)

Rank in course/Women: 24 (of 25)

Best time in course: 46:31

Rank in category: 2(of 2)

Best time in the category: 52:07