



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Diez, Utz

Club: USV Jena e.V.

Number: 125

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M75

Total time: 1:12:23

Speed: 8.29 km/h

Running performance: 6:53 min/km

Rank in course/Total: 117 (of 120)

Rank in course/Men: 92 (of 95)

Best time in course: 36:36

Rank in category: 2(of 2)

Best time in the category: 1:10:33