



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Henkel, Tobias

Club: SV Thuringia Königsee

Number: 292

Course: 21.00 km

21 km-Lauf

Category:

Männer M20

Total time: 1:29:45

Speed: 14.04 km/h

Running performance: 4:16 min/km

Rank in course/Total: 1 (of 21)

Rank in course/Men: 1 (of 18)

Best time in course: 1:29:45

Rank in category: 1(of 3)

Best time in the category: 1:29:45