



## 5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

### Detailed evaluation

**Vater, Georg**

Club: LG Bärenfang Suhl

Number: 281

Course: 21.00 km

21 km-Lauf

Category:

Männer M40

Total time: 1:43:52

Speed: 12.13 km/h

Running performance: 4:57 min/km

Rank in course/Total: 6 (of 21)

Rank in course/Men: 6 (of 18)

Best time in course: 1:29:45

Rank in category: 2 (of 6)

Best time in the category: 1:41:54