



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Schneider, Dr.Jürgen

Club: Schmiedefeld

Number: 283

Course: 21.00 km

21 km-Lauf

Category:

Männer M60

Total time: 1:48:58

Speed: 11.56 km/h

Running performance: 5:11 min/km

Rank in course/Total: 10 (of 21)

Rank in course/Men: 9 (of 18)

Best time in course: 1:29:45

Rank in category: 1(of 1)

Best time in the category: 1:48:58