



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Golebniak, Peter

Club: EPG Oberdorla

Number: 286

Course: 21.00 km

21 km-Lauf

Category:

Männer M40

Total time: 1:53:14

Speed: 11.13 km/h

Running performance: 5:23 min/km

Rank in course/Total: 13 (of 21)

Rank in course/Men: 12 (of 18)

Best time in course: 1:29:45

Rank in category: 6(of 6)

Best time in the category: 1:41:54