



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Vogelmann, Bernd

Club: SV Cursdorf-Meuselbach

Number: 291

Course: 21.00 km

21 km-Lauf

Category:

Männer M50

Total time: 1:54:54

Speed: 10.97 km/h

Running performance: 5:28 min/km

Rank in course/Total: 14 (of 21)

Rank in course/Men: 13 (of 18)

Best time in course: 1:29:45

Rank in category: 2(of 2)

Best time in the category: 1:52:28