



## 5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

### Detailed evaluation

**Meinecke, Thomas**

Club: SV TU Ilmenau

Number: 179

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M40

Total time: 40:44

Speed: 14.73 km/h

Running performance: 3:53 min/km

Rank in course/Total: 7 (of 120)

Rank in course/Men: 7 (of 95)

Best time in course: 36:36

Rank in category: 2(of 7)

Best time in the category: 39:19