



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Münster, Marian

Club: Wiederau

Number: 213

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M20

Total time: 42:34

Speed: 14.10 km/h

Running performance: 4:03 min/km

Rank in course/Total: 12 (of 120)

Rank in course/Men: 12 (of 95)

Best time in course: 36:36

Rank in category: 6(of 14)

Best time in the category: 36:36