



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Landgraf, Ulrike

Club: Suhl

Number: 208

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W20

Total time: 46:31

Speed: 12.90 km/h

Running performance: 4:26 min/km

Rank in course/Total: 26 (of 120)

Rank in course/Women: 1 (of 25)

Best time in course: 46:31

Rank in category: 1(of 4)

Best time in the category: 46:31