



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Wagner, Dieter

Club: SV Cursdorf Meuselbach

Number: 175

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M50

Total time: 48:52

Speed: 12.28 km/h

Running performance: 4:39 min/km

Rank in course/Total: 36 (of 120)

Rank in course/Men: 35 (of 95)

Best time in course: 36:36

Rank in category: 4(of 9)

Best time in the category: 43:55