



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Poppner, Christian

Club: Rodelclub Ilmenau

Number: 172

Course: 10.50 km

10,5 km-Lauf

Category:

männliche Jugend A

Total time: 50:17

Speed: 12.53 km/h

Running performance: 4:47 min/km

Rank in course/Total: 43 (of 120)

Rank in course/Men: 41 (of 95)

Best time in course: 36:36

Rank in category: 2(of 2)

Best time in the category: 44:38