



## 5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

### Detailed evaluation

**Gloth-Pfaff, Andreas**

Club: Saalfelder LV

Number: 131

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M40

Total time: 50:49

Speed: 11.81 km/h

Running performance: 4:50 min/km

Rank in course/Total: 46 (of 120)

Rank in course/Men: 44 (of 95)

Best time in course: 36:36

Rank in category: 5(of 7)

Best time in the category: 39:19