



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Müller, Michael

Club: SV Thuringia Königsee

Number: 196

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M35

Total time: 51:17

Speed: 11.70 km/h

Running performance: 4:53 min/km

Rank in course/Total: 48 (of 120)

Rank in course/Men: 46 (of 95)

Best time in course: 36:36

Rank in category: 8(of 11)

Best time in the category: 39:35