



5. Lauf: "Rund um die Sportlerklause"

Frauenwald / 14.08.2010

Detailed evaluation

Schulz, Hartmut

Club: Dream-Team-Ilmenau

Number: 122

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M60

Total time: 52:13

Speed: 11.49 km/h

Running performance: 4:58 min/km

Rank in course/Total: 58 (of 120)

Rank in course/Men: 53 (of 95)

Best time in course: 36:36

Rank in category: 4(of 6)

Best time in the category: 49:54