



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Jelinek, Frank

Club: Königsee

Number: 195

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M35

Total time: 52:53

Speed: 11.91 km/h

Running performance: 5:02 min/km

Rank in course/Total: 61 (of 120)

Rank in course/Men: 55 (of 95)

Best time in course: 36:36

Rank in category: 9(of 11)

Best time in the category: 39:35