



5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

Detailed evaluation

Kaufmann, Andre

Club: TSV Germania 1887 e. V. Neustadt (Orla)

Number: 144

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M45

Total time: 54:15

Speed: 11.06 km/h

Running performance: 5:10 min/km

Rank in course/Total: 66 (of 120)

Rank in course/Men: 59 (of 95)

Best time in course: 36:36

Rank in category: 9(of 13)

Best time in the category: 43:29