



## 5. Lauf: "Rund um die Sportlerklausur"

Frauenwald / 14.08.2010

### Detailed evaluation

**Thiele, Gabi**

Club: WSV Ilmenau

Number: 137

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W40

Total time: 55:23

Speed: 10.83 km/h

Running performance: 5:16 min/km

Rank in course/Total: 69 (of 120)

Rank in course/Women: 8 (of 25)

Best time in course: 46:31

Rank in category: 2(of 7)

Best time in the category: 52:56