



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Ernst, Hempel

Club: Saalfelder LV
Number: 251

Course: 10.50 km
10,5 km-Lauf

Category:
Männer M60

Total time: 51:54

Speed: 11.56 km/h
Running performance: 4:56 min/km

Rank in course/Total: 39 (of 138)

Rank in course/Men: 35 (of 100)

Best time in course: 36:38

Rank in category: 3(of 9)

Best time in the category: 49:39