



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Pönicke, Marlis

Club: Chemnitzer Laufverein MEGWARE
Number: 200

Course: 10.50 km
10,5 km-Lauf

Category:
Frauen W50

Total time: 52:34

Speed: 11.41 km/h
Running performance: 5:01 min/km

Rank in course/Total: 42 (of 138)

Rank in course/Women: 6 (of 38)

Best time in course: 44:57

Rank in category: 1(of 2)

Best time in the category: 52:34