



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Amarell, Ludwig

Club: GMRLV
Number: 154

Course: 10.50 km
10,5 km-Lauf

Category:
Männer M75

Total time: 52:51

Speed: 11.35 km/h
Running performance: 5:02 min/km

Rank in course/Total: 45 (of 138)

Rank in course/Men: 39 (of 100)

Best time in course: 36:38

Rank in category: 1(of 6)

Best time in the category: 52:51