



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

Romming, Nicole

Club: Fitnessoase Ohrdruf  
Number: 142

Course: 10.50 km  
10,5 km-Lauf

Category:  
Frauen W35

Total time: 53:43

Speed: 11.17 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 47 (of 138)

Rank in course/Women: 7 (of 38)

Best time in course: 44:57

Rank in category: 1(of 3)

Best time in the category: 53:43