



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Kreyer, Gunter

Club: SV Nohra
Number: 175

Course: 10.50 km
10,5 km-Lauf

Category:
Männer M60

Total time: 54:13

Speed: 11.07 km/h
Running performance: 5:10 min/km

Rank in course/Total: 51 (of 138)

Rank in course/Men: 41 (of 100)

Best time in course: 36:38

Rank in category: 4(of 9)

Best time in the category: 49:39