



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Ernst, Marcel

Club: SV 05 Friedrichroda
Number: 101

Course: 10.50 km
10,5 km-Lauf

Category:
Männer M20

Total time: 54:41

Speed: 10.97 km/h
Running performance: 5:13 min/km

Rank in course/Total: 53 (of 138)

Rank in course/Men: 43 (of 100)

Best time in course: 36:38

Rank in category: 9(of 14)

Best time in the category: 36:38