



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Dressel, Christian

Club: Volkssport Meiningen

Number: 106

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M30

Total time: 55:46

Speed: 10.76 km/h

Running performance: 5:19 min/km

Rank in course/Total: 62 (of 138)

Rank in course/Men: 50 (of 100)

Best time in course: 36:38

Rank in category: 3(of 6)

Best time in the category: 43:45