



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Brandt, Sebastian

Club: Fitnessoase Ohrdruf
Number: 169

Course: 10.50 km
10,5 km-Lauf

Category:
Männer M20

Total time: 57:45

Speed: 10.39 km/h
Running performance: 5:30 min/km

Rank in course/Total: 77 (of 138)

Rank in course/Men: 63 (of 100)

Best time in course: 36:38

Rank in category: 12(of 14)

Best time in the category: 36:38