



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Heide, Peter

Club: LV Schmalkalden
Number: 172

Course: 10.50 km
10,5 km-Lauf

Category:
Männer M45

Total time: 58:46

Speed: 10.21 km/h
Running performance: 5:36 min/km

Rank in course/Total: 82 (of 138)

Rank in course/Men: 68 (of 100)

Best time in course: 36:38

Rank in category: 7(of 11)

Best time in the category: 46:31