



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

**Grebe, Martin**

Club: DVAG Eisenach  
Number: 116

Course: 10.50 km  
10,5 km-Lauf

Category:  
Männer M45

Total time: 1:03:29

Speed: 9.45 km/h  
Running performance: 6:03 min/km

Rank in course/Total: 100 (of 138)

Rank in course/Men: 81 (of 100)

Best time in course: 36:38

Rank in category: 9(of 11)

Best time in the category: 46:31