



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Bechstein, Michael

Club: TABBS Vital
Number: 115

Course: 10.50 km
10,5 km-Lauf

Category:
Männer M45

Total time: 1:04:21

Speed: 9.32 km/h
Running performance: 6:08 min/km

Rank in course/Total: 101 (of 138)

Rank in course/Men: 82 (of 100)

Best time in course: 36:38

Rank in category: 10(of 11)

Best time in the category: 46:31