



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

Heidl, Christina

Club: TSV Germania 1887  
Number: 159

Course: 10.50 km  
10,5 km-Lauf

Category:  
Frauen W30

Total time: 1:04:37

Speed: 9.29 km/h  
Running performance: 6:09 min/km

Rank in course/Total: 104 (of 138)

Rank in course/Women: 22 (of 38)

Best time in course: 44:57

Rank in category: 4(of 4)

Best time in the category: 44:57