



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Dienes, Kay

Club: Eisenach

Number: 184

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M20

Total time: 1:05:11

Speed: 9.20 km/h

Running performance: 6:13 min/km

Rank in course/Total: 107 (of 138)

Rank in course/Men: 84 (of 100)

Best time in course: 36:38

Rank in category: 14(of 14)

Best time in the category: 36:38