



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Merkel, Kerstin

Club: SV 90 Umpferstedt
Number: 145

Course: 10.50 km
10,5 km-Lauf

Category:
Frauen W40

Total time: 1:05:43

Speed: 9.13 km/h
Running performance: 6:16 min/km

Rank in course/Total: 111 (of 138)

Rank in course/Women: 26 (of 38)

Best time in course: 44:57

Rank in category: 4(of 8)

Best time in the category: 50:58