



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

**Seiffert, Anni**

Club: Hainichläufer Mühlhausen  
Number: 237

Course: 10.50 km  
10,5 km-Lauf

Category:  
Frauen W60

Total time: 1:14:43

Speed: 8.03 km/h  
Running performance: 7:07 min/km

Rank in course/Total: 131 (of 138)

Rank in course/Women: 35 (of 38)

Best time in course: 44:57

Rank in category: 2(of 2)

Best time in the category: 1:09:57