



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Hempel, Karl

Club: Saalfelder e.V.
Number: 348

Course: 21.10 km
Halbmarathon

Category:
Männer M20

Total time: 1:29:09

Speed: 14.20 km/h
Running performance: 4:14 min/km

Rank in course/Total: 6 (of 88)

Rank in course/Men: 5 (of 79)

Best time in course: 1:22:00

Rank in category: 2(of 9)

Best time in the category: 1:22:00

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Pleß | 13.00 | 58:44 | 4:31 | 3 | 4:52 | 6 | 4:52 | 13.00 | 58:44 | 4:31 | 2 | 4:52 | 56 | |
| Festplatz | 8.10 | 30:25 | 3:45 | 2 | 2:17 | 7 | 3:19 | 21.10 | 1:29:09 | 4:13 | 2 | 7:09 | 6 | 24:43 |