



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

Hempel, Karl

Club: Saalfelder e.V.  
Number: 348

Course: 21.10 km  
Halbmarathon

Category:  
Männer M20

Total time: 1:29:09

Speed: 14.13 km/h  
Running performance: 4:14 min/km

Rank in course/Total: 6 (of 88)

Rank in course/Men: 5 (of 79)

Best time in course: 1:22:00

Rank in category: 2(of 9)

Best time in the category: 1:22:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	58:44	4:31	3	4:52	6	4:52	13.00	58:44	4:31	2	4:52	56	
Festplatz	8.10	30:25	3:45	2	2:17	7	3:19	21.10	1:29:09	4:13	2	7:09	6	24:43