



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Fischer, Andre

Club: LSV Lok Arnstadt
Number: 367

Course: 21.10 km
Halbmarathon

Category:
Männer M20

Total time: 1:29:09

Speed: 14.20 km/h
Running performance: 4:14 min/km

Rank in course/Total: 5 (of 88)

Rank in course/Men: 6 (of 79)

Best time in course: 1:22:00

Rank in category: 3(of 9)

Best time in the category: 1:22:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	58:05	4:28	2	4:13	4	4:13	13.00	58:05	4:28	3	4:13	55	
Festplatz	8.10	31:04	3:50	3	2:56	9	3:58	21.10	1:29:09	4:13	2	7:09	6	24:43