



7. Breitunger Pleßlauf  
Breitungen / 22.08.2010

Detailed evaluation

**Brückner, Heike**

Club: Stadtlengsfeld

Number: 215

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W45

Total time: 1:22:29

Speed: 7.27 km/h

Running performance: 7:52 min/km

Rank in course/Total: 135 (of 138)

Rank in course/Women: 36 (of 38)

Best time in course: 44:57

Rank in category: 9(of 10)

Best time in the category: 49:16