



7. Breitunger Pleßlauf
Breitungen / 22.08.2010

Detailed evaluation

Michl, Rene

Club: Sportteam Steinbach Meiningen
Number: 396

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:36:40

Speed: 13.03 km/h
Running performance: 4:35 min/km

Rank in course/Total: 11 (of 88)

Rank in course/Men: 11 (of 79)

Best time in course: 1:22:00

Rank in category: 2(of 10)

Best time in the category: 1:31:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:04:31	4:57	3	3:37	11	10:39	13.00	1:04:31	4:57	2	3:37	40	
Festplatz	8.10	32:09	3:58	2	2:00	12	5:03	21.10	1:36:40	4:34	2	5:37	12	32:14